



SONS OF THE AMERICAN LEGION

BE THE ONE

OFFICE OF THE NATIONAL COMMANDER

P.O. BOX 1055, INDIANAPOLIS, IN 46206-1055 WWW.LEGION.ORG/SONS P: 317-630-1205 F: 317-630-1413

February – 2023

Support **BE THE ONE** through American Legion Family Day

Greetings, Sons of The American Legion,

We often talk about “The American Legion Family.” It’s such an important part of how we support our veterans.

The American Legion’s National Executive Committee unanimously passed [Resolution No. 7](#) last October to create an event called American Legion Family Day. Prompted by a resolution from the Detachment of Maryland that was initially approved by the SAL NEC, this resolution establishes the event to be observed annually on the last Saturday in April, with posts opening their doors to the community and celebrating the accomplishments of Legionnaires, Sons, and members of the American Legion Auxiliary.

The resolution also calls on the Legion Family to use the day to promote **BE THE ONE**. The terrible impact a veteran’s suicide can have on his or her family is devastating.

That’s why I encourage you to not only participate in your post’s American Legion Family Day event, but to use the event to “Be The One.” Share with the community why the program is so important and how your squadron and post are helping reduce and eliminate veteran suicide.

Brochures can be downloaded at Legion.org/Publications and Legion.org/BeTHEOne

Thank you all for your efforts to support our veterans and the entire Legion Family!

Be the One!

With passion and purpose.

Sincerely,

Christopher Carlton
Sons of The American Legion
National Commander



“Purpose is why we journey; passion is the flame that lights the way.”